



GRACE HAVEN

Biblical Renewal Ministries, Inc.

June 2016
Volume 10, Issue 3



Open House
We invite you
to come see our
newly renovated
building!

Saturday, July 30, 2016
1:00 pm- 5:00 pm
and
Sunday, July 31, 2016
1:00 pm -5:00 pm

BBQ Chicken (provided by Yoder's
Country Market) and other
refreshments will be provided.

Executive Board

- CHAIRMAN
Dave Slabaugh
- VICE CHAIRMAN
Gerald Raber
- SECRETARY
Lyle Bontrager
- TREASURER
Delbert Schrock
- MEMBER
Brent Slabaugh
- MEMBER
Bill Helmuth
- MEMBER
Marion Miller

God Heals a Broken Heart

When a little girl grows up in a home where mom has high expectations that the little girl can never meet, is controlling and dominant, critical and judgmental it leaves a little girl feeling like she is never good enough, emotionally drained, not valued, disrespected, not listened to, frustrated, judged, and guilty. When the little girl's daddy is distant, self-focused and also critical and judgmental, it leaves a little girl feeling very lonely inside. What is a little girl supposed to do with what she's feeling inside when she can't connect with her parents? She pulls her heart away and begins to build walls so nobody can get in to hurt her heart anymore. And as she grows up, more people come into her life to shame her, reject her, and step on her childhood pain so she builds the walls even higher and thicker. She wants to let people in and so she does, until they get too close, because she can't receive their love. Her heart was locked in many ways and she couldn't give or receive love.

And so the little girl, as she gets older, learns to perform. She performs at home to try to meet her mom's expectations, she performs for her friends in her teen years to be accepted; her whole life becomes one of performance for fear of rejection, all the while leaving her feeling very empty and lonely inside because she has no identity. When she tried to be herself, as much as a walled up little girl can, she was shamed, rejected, and abandoned and so she closed her heart even tighter. How can a little girl know who she is when she is performing for acceptance from others? When she took her pain of rejection to Jesus, He showed her that he, too, was rejected and despised of men, and that He will never reject her, and that she doesn't need

to perform for Him. He brought peace and healing to the little girl's heart.

As a teenager, she experienced some unexplainable events that unknowingly locked her heart against Jesus. She blamed Him for what happened and didn't think He cared because nobody cared for her heart. And so the little girl couldn't receive Jesus' love either. When the little girl was able to forgive, her heart was able to receive Jesus' love.

Thankfully, the little girl went into voluntary service and even though she was living out of her pain, learned that some people are safe and her heart began to slowly open. And the Lord began preparing her heart for the next step of her journey. Then the little girl found out about Grace Haven. She was scared, but she went, and she was glad she did. As the counselor helped her put the pieces of her life together, the tears flowed

*He brought peace
and healing to
wounded places
in her heart*

because she realized that somebody really did care and her heart began to heal. The little girl began to feel valued and truly understood for the first time in her life. Her story didn't come out all in one day because it was too painful. But as she began to take her pain to Jesus, He brought peace and healing to wounded places in her heart. When the little girl asked Jesus to show her a safe place, He held her on His lap and looked at her with such a loving smile on His face that she knew He was a safe place.

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Fall Banquet

September 13, 2016

Fairhaven Church

6:00 p.m.

more details to follow in the next newsletter

Staff

Mel Eash

Menno Yoder

Christina Miller

Beth Carpenter
Secretary

Contact Information

GRACE HAVEN

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Because the little girl's opinions weren't valued and she wasn't listened to or understood, she felt like she had no value, leading to no identity. When Jesus told the little girl that her identity was being His daughter, she had a hard time believing that it was true. She felt, again, like she had to do something. How could she be His daughter if she wasn't doing something? She had lived most of her life doing things for the approval of others and had gotten her identity from doing and performing. And if she was doing, then she was loved. Yet she could never do enough. When it finally reached the heart of the little girl that it was enough to just be His daughter, she found great freedom! Because the little girl never felt good enough for her mom and like she could not live up to her expectations, it led her to believe the lie that she wasn't good enough to be worthy of Jesus' love and like she had to do something for Him to love her. The day it became real

to her heart that she is His and she doesn't need to DO anything for Him to love her will forever be etched on her heart.

Jesus showed me that He is the author of my story and He has a purpose for my pain.

If you are feeling like you are too "messed up" for Jesus to love you and feel like you aren't worthy of His love, I want to share something heart-changing that Jesus told me, "I love you not in spite of who you are, but *because* of who you are."

Jesus gave me a vivid picture of my heart one day shattered in many pieces. As I continue to take the pieces to Him, He is healing my heart. Jesus is the only one that can heal a heart and bring true freedom! I am redeemed, He has called me by name, and I am His!

Introducing Our New Board Members



Bill Helmuth and wife Mary have been married for fourteen years. They live in Middlebury, Indiana and attend Townline Mennonite Church. He is employed at Indiana Woods.



Marion Miller and wife Sue, live in Goshen, Indiana. They have three daughters. He is the owner and operator of Double R Fencing LLC and is ordained and serving as associate pastor at Fairhaven.

By this shall all men know that ye are my disciples, if ye have love one to another. John 13:35

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